



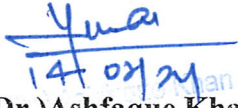
Ref.NO: IIAHSR/PT/EA/2024/ 09

Date: 14/02/2024

## NOTICE

A meeting regarding the planning of Health Awareness Camp is going to be held at Director Office on 14 February 2024. All the faculty members are thereby informed to attend the meeting in the Director office at 12:00 PM.

  
Prof. (Dr.) Abdur Raheem Khan  
Head, Physiotherapy  
Integral University, Lucknow

  
Prof. (Dr.) Ashfaque Khan  
Director IIAHSR

### CC to:

1. Director, IIAHSR
2. Head, Physiotherapy
3. Dr. Mohd. Javed Iqbal
4. Dr. Neeraj Maurya
5. Dr. A. M. H. Inam
6. Dr. Ammar Faisal Khan
7. Dr. Aafreen
8. Dr. Namrata Suri
9. Dr. Sadiya Begum
10. Dr. Taufish Ahmad
11. Dr. Shaikh Shohaim Mohd
12. Dr. Hera Naeem
13. Dr. Saher Ansari
14. Dr. Salma Iftekhhar
15. Dr. Zohra Akhtar
16. Office copy



# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Ref. No.: IIAHSR/DO/PT/EA/2024/9A

Dated: 14/02/2024

### MINUTES OF THE MEETING

A meeting was regarding the Health Awareness camp was scheduled on 14 February 2024. The agenda of the meeting was regarding the Health Awareness camp at Kaiserbagh, Lucknow.

**MEMBERS ATTENDED:** The following members attended the meeting

1.	Prof. (Dr.) Ashfaque Khan	Chairperson	
2.	Prof. (Dr.) Abdur Raheem Khan	Member	
3.	Dr. Neeraj Maurya (PT)	Member	
4.	Dr. Mohd Javed Iqbal (PT)	Member	
5.	Dr. A. M. H. Inam (PT)	Member	
6.	Dr. Ammar Faisal Khan (PT)	Member	
7.	Dr. Namrata Suri (PT)	Member	
8.	Dr. Shaikh Shohaim Mohd (PT)	Member	
9.	Dr. Sadiya Begum (PT)	Member	
10.	Dr. Taufish Ahmad (PT)	Member	
11.	Dr. Aafreen (PT)	Member	
12.	Dr. Hera Naeem (PT)	Member	
13.	Dr. Saher Ansari (PT)	Member	
14.	Dr. Zohra Akhtar (PT)	Member	
15.	Dr. Salma Iftekhhar (PT)	Member	

**DECISIONS:** The following aspects were discussed and according following decisions were taken:

- The date of Health Awareness camp was proposed on 15<sup>th</sup> February 2024, by HoD, timing would be from 10:00 AM.
- Dr. A.M.H. Inam and Dr. Zafar Akhtar will be the event coordinator for free Health Camp.
- All students from BPT IV year & MPT would be allowed to participate.

The Meeting concluded with the vote of thanks.

Dr. A.M.H. Inam  
Incharge DQAC

Prof. (Dr.) Abdur Raheem Khan  
Head, Physiotherapy  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan  
Director (IIAHSR) Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow

#### CC to:

- All Concerned faculty members
- Office copy





## MINUTES OF MEETING FOR HEALTH AWARENESS CAMP

### Attendance Sheets

S.N.	Name of the Faculty	Signature
1.	Prof. (Dr.) Ashfaq Khan	
2.	Prof. (Dr.) Abdur Raheem Khan	
3.	Dr. Neeraj Maurya (PT)	
4.	Dr. Javed Iqbal (PT)	
5.	Dr. A. M. H. Inam (PT)	
6.	Dr. Namrata Suri (PT)	
7.	Dr. Aafreen (PT)	
8.	Dr. Hera Naeem (PT)	
9.	Dr. Ammar Faisal Khan (PT)	
10.	Dr. Sadiya Begum (PT)	
11.	Dr. Tausif Ahmad (PT)	
12.	Dr. Shaikh Shohaim Mohd (PT)	
13.	Dr. Saher Ansari (PT)	
14.	Dr. Salma Iftekhhar (PT)	
15.	Dr. Zohra Akhtar (PT)	
16.		
17.		
18.		

Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





Ref. No.: IIAHSR/DO/PT/EA/2024/98

Dated: 14/02/2024

## NOTICE

All the students of BPT IV year & MPT are hereby informed that a free Health Awareness camp is going to be organized at Family Court, Kaiserbagh, Lucknow, on 15<sup>th</sup> February 2024 from 10AM. For the participation and guidelines students can contact Dr. Zafar Akhtar and Dr. A.M.H. Inam event coordinator.

  
**Dr. A.M.H. Inam**  
Incharge DQAC

  
**Prof. (Dr.) Abdur Raheem Khan**  
Head, Physiotherapy  
Department of Physiotherapy  
Integral University, Lucknow

### Copy To,

1. Executive Director-IIMSR, IINSR, IIAHSR- For Kind Information
2. Dean/ Director IIMSR- For Kind Information
3. Medical Superintendent, IIMSR- For Kind Information
4. Dy. Medical Superintendent, IIMSR- For Kind Information
5. Director, IIAHSR
6. All HOD, IIMSR
7. All Faculty Members Physiotherapy
8. Notice Board
9. Office Copy





# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Date: 15/02/2024

### Attendance Sheets of "Health Awareness Camp" on 15<sup>th</sup> February 2024.

Date	Start Time	Venue		Location	
15.02.2024	10:00 A.M	Family Court		Family Court, Lucknow	
S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
1.	Kanchan Kumari	1700100004	M.P.T	II/IV	Kanchan Kumari
2.	Kriti Singh	1800103500	M.P.T	II/IV	Kriti Singh
3.	Pooja Bansal	2200100625	M.P.T	II/IV	Pooja Bansal
4.	Safiya Jabeen	1700102691	M.P.T	II/IV	Safiya Jabeen
5.	Sana Baig	1700102476	M.P.T	II/IV	Sana Baig
6.	Sezal	1700100430	M.P.T	II/IV	Sezal
7.	Siddharth Priya Yadav	1700101420	M.P.T	II/IV	Siddharth Priya Yadav
8.	Tahreem Khan	1700102598	M.P.T	II/IV	Tahreem Khan
9.	Tuba Parvez	1700102502	M.P.T	II/IV	Tuba Parvez
10.	Zeba Shoaib	1700100166	M.P.T	II/IV	Zeba Shoaib
11.	Anupam Saroj	1700101305	M.P.T	II/IV	Anupam Saroj
12.	Maviya Shahid	1700100227	M.P.T	II/IV	Maviya Shahid
13.	Maviya Siddiqui	1700103297	M.P.T	II/IV	Maviya Siddiqui
14.	Rakhshinda Najam	1700100877	M.P.T	II/IV	Rakhshinda Najam
15.	Sana Siddique	2200103250	M.P.T	II/IV	Sana Siddique
16.	Sonam Bali	1700100026	M.P.T	II/IV	Sonam Bali
17.	Sonam Rai	2200100491	M.P.T	II/IV	Sonam Rai
18.	Subbuhi Khan	1700103248	M.P.T	II/IV	Subbuhi Khan
19.	Ulfat Hakeem	1700100147	M.P.T	II/IV	Ulfat Hakeem
20.	Versha Kumari	2200100037	M.P.T	II/IV	Versha Kumari
21.	Akansha Patrey	2200104012	M.P.T	II/IV	Akansha Patrey
22.	Ashu Kushwaha	1700101107	M.P.T	II/IV	Ashu Kushwaha
23.	Junaid Shahzad	1700100451	M.P.T	II/IV	Junaid Shahzad
24.	Shivanand	1700101861	M.P.T	II/IV	Shivanand
25.	Tasmiya Zaib	1600100086	M.P.T	II/IV	Tasmiya Zaib

1/5





# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Continue...

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
26.	Abdullah Zafar	1800100636	M.P.T	I/II	Abdullah Zafar
27.	Amisha Soni	1800100221	M.P.T	I/II	Amisha Soni
28.	Atiya Shamshad	1800103005	M.P.T	I/II	Atiya Shamshad
29.	Fatima Kazmi	2300104328	M.P.T	I/II	Fatima Kazmi
30.	Pratibha Gupta	1800102180	M.P.T	I/II	Pratibha Gupta
31.	Qudsia Parveen	2300104327	M.P.T	I/II	Qudsia Parveen
32.	Saniya	2300104335	M.P.T	I/II	Saniya
33.	Yamini Rai	1800102687	M.P.T	I/II	Yamini Rai
34.	Bhuneshwar Dayal	2300104329	M.P.T	I/II	Bhuneshwar Dayal
35.	Km Siddhi Singh	1800101114	M.P.T	I/II	Km Siddhi Singh
36.	Mohd Asim Raza	2300104326	M.P.T	I/II	Mohd Asim Raza
37.	Naina Singh	1900100512	M.P.T	I/II	Naina Singh
38.	Rizwan Ansari	1800101194	M.P.T	I/II	Rizwan Ansari
39.	Sumbul	1800101709	M.P.T	I/II	Sumbul
40.	Bisma	1800101876	M.P.T	I/II	Bisma
41.	Jagriti Yadav	1800100353	M.P.T	I/II	Jagriti Yadav
42.	Jyoti	2300104360	M.P.T	I/II	Jyoti
43.	Km. Tripathi Chaurasia	1800101913	M.P.T	I/II	Km. Tripathi Chaurasia
44.	Sadaf Kamal Hashmi	1800100013	M.P.T	I/II	Sadaf Kamal Hashmi
45.	Shashank Pathak	1700100544	M.P.T	I/II	Shashank Pathak
46.	Shrasti Misra	1800103768	M.P.T	I/II	Shrasti Misra
47.	Umme Saba	2300104334	M.P.T	I/II	Umme Saba
48.	Praveen Singh	1700102091	M.P.T	I/II	Praveen Singh
49.	Guisia Khan	1900103503	B.P.T	IV/VIII	Guisia Khan
50.	Anjali Rawat	2000101329	B.P.T	IV/VIII	Anjali Rawat

Prof. Dr. Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow

2/5





# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Continue...

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
51.	Sonali Kanaujiya	1900103604	B.P.T	IV/VIII	Sonali Kanaujiya
52.	Aaisha Rahman	2000102097	B.P.T	IV/VIII	Aaisha Rahman
53.	Anam Fatma	2000101953	B.P.T	IV/VIII	Anam Fatma
54.	Abhishek Kumar Tiwari	2000102348	B.P.T	IV/VIII	Abhishek Kumar
55.	Abu Arqam	2000101482	B.P.T	IV/VIII	Abu Arqam
56.	Ayesha Aftab	2000100157	B.P.T	IV/VIII	Ayesha Aftab
57.	Afia Sheikh Asgar	2000103051	B.P.T	IV/VIII	Afia Sheikh
58.	Aliya Parveen	2000102010	B.P.T	IV/VIII	Aliya Parveen
59.	Aman Prajapati	2000100006	B.P.T	IV/VIII	Aman Prajapati
60.	Aqsa Mansoor Khan	2000103079	B.P.T	IV/VIII	Aqsa Mansoor
61.	Arfia Laiq	2000102131	B.P.T	IV/VIII	Arfia Laiq
62.	Arman Ali	2000101935	B.P.T	IV/VIII	Arman Ali
63.	Arun Verma	2000101192	B.P.T	IV/VIII	Arun Verma
64.	Ashish Narayan Maurya	2000101118	B.P.T	IV/VIII	Ashish Narayan
65.	Danish Shakeel	2000100901	B.P.T	IV/VIII	Danish Shakeel
66.	Darakshan Farooqui	2000102909	B.P.T	IV/VIII	Darakshan
67.	Dolly	2000100514	B.P.T	IV/VIII	Dolly
68.	Falak Kainat	2000100549	B.P.T	IV/VIII	Falak Kainat
69.	Hamza Abdeen	2000100380	B.P.T	IV/VIII	Hamza Abdeen
70.	Harsh Gupta	2000100966	B.P.T	IV/VIII	Harsh Gupta
71.	Ibtisham Yusuf	2000101468	B.P.T	IV/VIII	Ibtisham Yusuf
72.	Janvi Islam	2000100755	B.P.T	IV/VIII	Janvi Islam
73.	Juvariya Khan	2000102776	B.P.T	IV/VIII	Juvariya Khan
74.	Jyoti Yadav	2000102089	B.P.T	IV/VIII	Jyoti Yadav
75.	Km Shalini Rai	2000100206	B.P.T	IV/VIII	KShalini Rai

Prof. (Dr.) Azeem Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow

3/5





# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Continue...

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/Semester	Signature with Date
76.	Km Neha	2000101238	B.P.T	IV/VIII	Km Neha
77.	Laxmi Devi	2000101438	B.P.T	IV/VIII	Laxmi Devi
78.	Mamoon Ashraf	2000101756	B.P.T	IV/VIII	Mamoon Ashraf
79.	Mariyam Khanam	2000102404	B.P.T	IV/VIII	Mariyam Khanam
80.	Nigahe Afreen	2000101250	B.P.T	IV/VIII	Nigahe Afreen
81.	Md Hammad Owais Ansari	2000101560	B.P.T	IV/VIII	Md Hammad Owais Ansari
82.	Md Reyaz Ahamad	2000102899	B.P.T	IV/VIII	Md Reyaz Ahamad
83.	Md. Shadab	2000101559	B.P.T	IV/VIII	Md. Shadab
84.	Pakiza Siddiqui	2000100330	B.P.T	IV/VIII	Pakiza Siddiqui
85.	Mohammad Sufiyan Iqbal	2000102411	B.P.T	IV/VIII	Mohammad Sufiyan
86.	Mohd Ariz	2000101843	B.P.T	IV/VIII	Mohd Ariz
87.	Muntaha Jafri	2000100335	B.P.T	IV/VIII	Muntaha Jafri
88.	Nabeera Siraj Syed	2000102782	B.P.T	IV/VIII	Nabeera Siraj Syed
89.	Purnima Singh Chauhan	2000100083	B.P.T	IV/VIII	Purnima Singh
90.	Sanobar Sayeed	2000100190	B.P.T	IV/VIII	Sanobar Sayeed
91.	Shagun Singh	2000101808	B.P.T	IV/VIII	Shagun Singh
92.	Shambhavi Jaiswal	2000101281	B.P.T	IV/VIII	Shambhavi Jaiswal
93.	Shana Parveen	2000101252	B.P.T	IV/VIII	Shana Parveen
94.	Shivani Maurya	2000101706	B.P.T	IV/VIII	Shivani Maurya
95.	Shoeb Khan	2000100828	B.P.T	IV/VIII	Shoeb Khan
96.	Sneha Srivastva	2000102682	B.P.T	IV/VIII	Sneha Srivastva
97.	Suraj Pandey	2000101322	B.P.T	IV/VIII	Suraj Pandey
98.	Ujjwal Bhatt	2000100342	B.P.T	IV/VIII	Ujjwal Bhatt
99.	Zunaid Qashim	2000100668	B.P.T	IV/VIII	Zunaid Qashim
100.	Kuldeep	2100100550	B.P.T	IV/VIII	Kuldeep

Prof. Dr. Ashique Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

## DEPARTMENT OF PHYSIOTHERAPY

Continue...

S.N.	Name of the Attendee Students	Enrollment No.	Program	Year/ Semester	Signature with Date
101	Riya Pandey	2100100383	B.P.T	IV/VIII	Riya Pandey
102	Sameera Raini	2100103015	B.P.T	IV/VIII	Sameera Raini
103	Shubham Negi	2100103186	B.P.T	IV/VIII	Shubham Negi
104	Shubhangi Gupta	2100100730	B.P.T	IV/VIII	Shubhangi Gupta
105	Vaishnavi	2100100784	B.P.T	IV/VIII	Vaishnavi
106	Anmol Singh	2000101244	B.P.T	IV/VIII	Anmol Singh
107	Arij Fatma	2000103048	B.P.T	IV/VIII	Arij Fatma
108	Arzoo Tabassum	2000101954	B.P.T	IV/VIII	Arzoo Tabassum
109	Asif Kamal	2000101950	B.P.T	IV/VIII	Asif Kamal
110	Ayasha Nafees	2000101374	B.P.T	IV/VIII	Ayasha Nafees
111	Falak Rahman	2000100698	B.P.T	IV/VIII	Falak Rahman
112	Gayatri Barnwal	2000102877	B.P.T	IV/VIII	Gayatri Barnwal
113	Himanshu Maddhesiya	2000102075	B.P.T	IV/VIII	Himanshu Maddhesiya
114	Huda Khalid	2000100339	B.P.T	IV/VIII	Huda Khalid
115	Iqra Ayaz Siddiqui	2000103059	B.P.T	IV/VIII	Iqra Ayaz Siddiqui
116	Jaberiya Khatoon	2000101112	B.P.T	IV/VIII	Jaberiya Khatoon
117	Jayati Maurya	2000100513	B.P.T	IV/VIII	Jayati Maurya
118	Kashif Arsalan	2000101561	B.P.T	IV/VIII	Kashif Arsalan
119	Khan Faisal Dildar Husain	2000101783	B.P.T	IV/VIII	KF Dildar Husain
120	Kirti Sah	2000101367	B.P.T	IV/VIII	Kirti Sah
121	Manish Gupta	2000102749	B.P.T	IV/VIII	Manish Gupta
122	Mayla Suhail	2000101331	B.P.T	IV/VIII	Mayla Suhail

*[Signature]*

Prof. (Dr.) Ashique Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





Ref. No.: IIAHSR/DO/PT/EA/2024/qc

Dated: 17/02/2024

## REPORT

The Department of Physiotherapy organized a Health Awareness Camp at the Family Court premises in Kaiserbagh, Lucknow on 15<sup>th</sup> February 2023. The event aimed to educate individuals about health and lifestyle management, while also providing on-site treatment and guidance to those with persisting health issues.

### **Event Details:**


The Health Awareness Camp commenced at 10:00 AM and continued throughout the day. Over 200 individuals, including attendees and passersby, actively participated in the camp. The camp primarily targeted issues related to physical health and well-being. Total 122 students of Bachelor of Physiotherapy (BPT) and Master of Physiotherapy (MPT) participated in the event.

Informative sessions were conducted to educate participants about the importance of maintaining good health and adopting healthy lifestyle practices. Various topics, including nutrition, exercise, stress management, and preventive healthcare measures, were discussed. Trained physiotherapy students, under the supervision of experienced faculty members, provided on-the-spot consultation and treatment to individuals with existing health concerns. Participants were offered personalized advice and guidance tailored to their specific needs.

Practical demonstrations of exercises and stretches beneficial for addressing common health issues such as back pain, joint stiffness, and muscle weakness were conducted. Participants were actively involved in learning these exercises, empowering them to manage their health effectively.

Participants had the opportunity to engage in one-on-one interactions with physiotherapy students and faculty members, where they could discuss their health problems in detail and seek expert advice.

This camp was organized under the guidance of Prof (Dr) Ashfaq Khan, Director, IIAHSR; Prof (Dr) Abdur Raheem Khan, Head, Department of Physiotherapy and Faculty coordinator Dr AMH Inam and Dr Zafar Akhtar.

  
Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science & Research  
Lucknow  
Website: [www.iul.ac.in](http://www.iul.ac.in)  
E-mail: [headbpt@iul.ac.in](mailto:headbpt@iul.ac.in)

  
Head  
Department of Physiotherapy  
Integral University, Lucknow

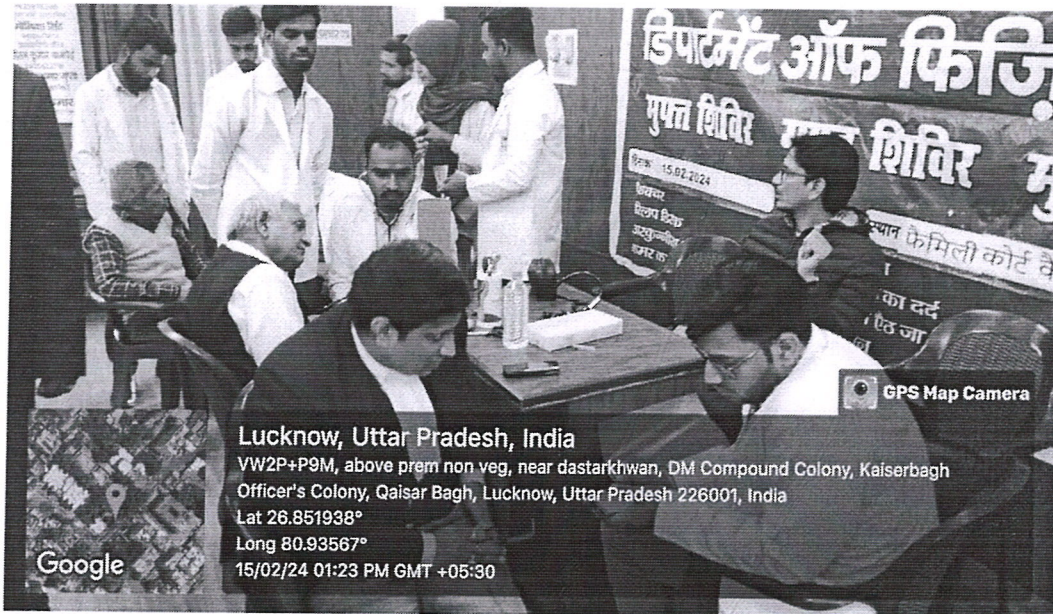




# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY



Department of Physiotherapy  
Integral University, Lucknow

Kursi Road, Lucknow - 226026 (U.P.) India  
Phone : +91 63900 11283 / 84 / 85 / Ext. 6918

Website : [www.iul.ac.in](http://www.iul.ac.in)  
E-mail : [headbpt@iul.ac.in](mailto:headbpt@iul.ac.in)

15/02/24  
Dr. Faque Khan  
Director

Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow  
Integral University Inspiring Excellence  
@integralunilko\_official

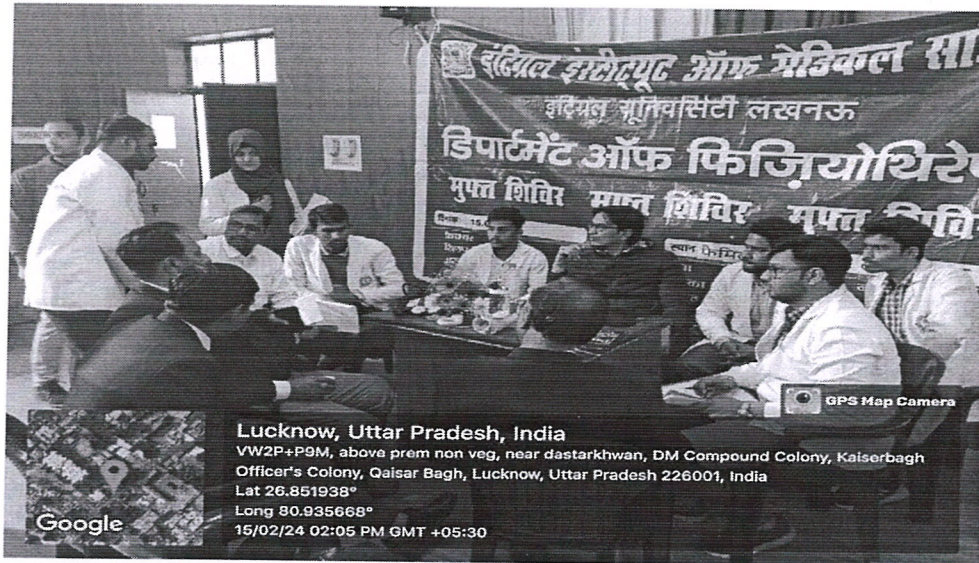




# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

INTEGRAL UNIVERSITY, LUCKNOW

DEPARTMENT OF PHYSIOTHERAPY



## Students of Physiotherapy conducting interactive sessions and demonstrations at the Health Awareness Camp, Family Court, Kaiserbagh, Lucknow

The Health Awareness Camp witnessed active participation from both students and attendees, making it a resounding success. More than 200 individuals benefitted from the event by gaining valuable insights into health management and receiving personalized guidance for their health concerns. The camp served as an excellent platform for raising awareness about the importance of proactive healthcare practices.

  
Dr. AMH Inam (PT)

In-charge DAQC, Physiotherapy

  
Prof. (Dr.) Abdur Raheem Khan

Head,  
Department of Physiotherapy  
Integral University, Lucknow

  
Prof. (Dr.) Ashfaque Khan

Director, IIAHSR  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA

**NAAC  
GRADE A+**  
ACCREDITED UNIVERSITY



**IAHSR  
RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Upholding the Highest Quality Research

**INTEGRAL HOSPITAL**  
Committed to Better Health

## INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

# Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Mayla Suhail  
(ID No. .... 2000101331 ..... ) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQ KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA

**NAAC  
GRADE A+**  
ACCREDITED UNIVERSITY



**IAHSR  
RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Operating the Highest Quality Standard

**INTEGRAL HOSPITAL**  
Committed to Better Health

## INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

# Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Zeba Shoaib  
(ID No. ....1700100166.....) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQ KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL UNIVERSITY**  
LUCKNOW-INDIA

**NAAC**  
**GRADE A+**  
ACCREDITED UNIVERSITY



**IAHSR**  
**RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Upholding the Highest Quality Standards

**INTEGRAL HOSPITAL**  
Committed to Better Health

# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

## Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Sezal  
(ID No. 1700100430) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQUE KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA



**INTEGRAL HOSPITAL**  
*Committed to Better Health*

## INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

# Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Junaid Shahzad  
(ID No. 1700100451) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQUE KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow





**INTEGRAL UNIVERSITY**  
LUCKNOW-INDIA



# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

## Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Pooja Bansal  
(ID No. .... 2200100625 ..... ) has Participated in **Health Awareness Camp** at Family Court, Kaiser Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQ KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL UNIVERSITY**  
LUCKNOW-INDIA

**NAAC**  
**GRADE A+**  
ACCREDITED UNIVERSITY



**IAHSR**  
**RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Upholding the Highest Quality Standards

**INTEGRAL HOSPITAL**  
Committed to Better Health

# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

## Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Fatima Kazmi .....  
(ID No. 2300104328 ..... ) has Participated in **Health Awareness Camp** at Family Court, Kaiser Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQ KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Head  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA

**NAAC  
GRADE A+**  
ACCREDITED UNIVERSITY



**IIAHSR  
RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Conferring the Highest Quality Ensembles

**INTEGRAL HOSPITAL**  
Committed to Better Health

## INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

# Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Yamini Rai  
(ID No. ....1800102687.....) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQ KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaq Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA

**NAAC  
GRADE A+**  
ACCREDITED UNIVERSITY



**IAHSR  
RATED A**  
By the Govt. of U.P. in the Rating Cycle 2023  
and Upholding the Highest Quality Standards

**INTEGRAL HOSPITAL**  
Committed to Better Health

# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

## Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Guisia Khan  
(ID No. 1900103503) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024.**

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQUE KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL**  
UNIVERSITY  
LUCKNOW-INDIA

**NAAC**  
GRADE **A+**  
ACCREDITED UNIVERSITY



**IAHSR**  
RATED **A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Obtaining the Highest Quality Standard

**IH** **INTEGRAL HOSPITAL**  
Committed to Better Health

## INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

# Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Abhishek Kumar Tiwari  
(ID No. 2000102348) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQUE KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow





**INTEGRAL  
UNIVERSITY**  
LUCKNOW-INDIA

**NAAC  
GRADE A+**  
ACCREDITED UNIVERSITY



**IIAHSR  
RATED A**  
By the Govt. of U.P. in the Rating Cycle 2022  
and Signalling the Highest Quality Standards

**INTEGRAL HOSPITAL**  
Committed to Better Health

# INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

FACULTY OF MEDICINE AND HEALTH SCIENCES

## Certificate of Participation

### EXTENSION ACTIVITIES

This is to certify that ..... Maviya Siddiqui  
(ID No. ....1700103297.....) has Participated in **Health Awareness Camp** at Family Court, Kaiser  
Bagh, Lucknow organized by **Department of Physiotherapy**, Integral Institute of Allied Health  
Sciences & Research, Integral University, Lucknow on **15<sup>th</sup> February, 2024**.

INSPIRING EXCELLENCE

**Dr. ABDUR RAHEEM KHAN**  
Professor & Head  
Department of Physiotherapy  
Integral University, Lucknow

**Prof. (Dr.) ASHFAQUE KHAN**  
Director  
Integral Institute of Allied Health Sciences & Research  
Integral University, Lucknow

**Prof. (Dr.) ABHA CHANDRA**  
Dean  
Integral Institute of Medical Sciences & Research  
Faculty of Medicine & Health Sciences  
Integral University, Lucknow

**SYED M. FAUZAN AKHTAR**  
Executive Director  
Integral University, Lucknow

Head  
Department of Physiotherapy  
Integral University, Lucknow

Prof. (Dr.) Ashfaque Khan  
Director  
Integral Institute of Allied Health  
Science Research  
Integral University, Lucknow